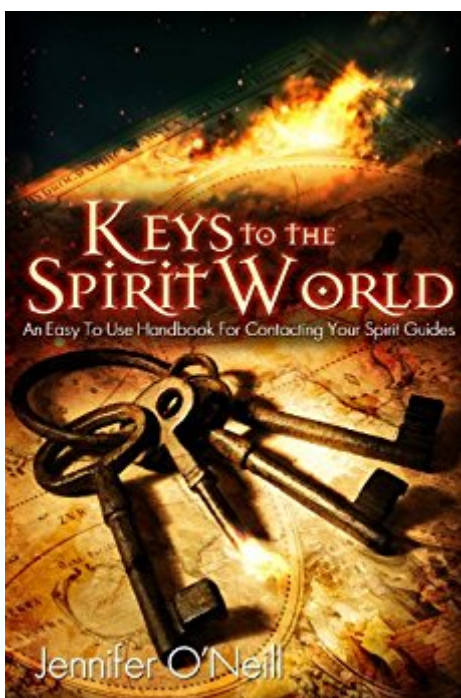


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# Keys To The Spirit World: An Easy To Use Handbook For Contacting Your Spirit Guides



## Synopsis

Who are your Spirit Guides? This book does not only cover "who" your Spirit Guides are, but you will also learn "why" you have Spirit Guides. Keys to the Spirit World covers: What do Spirit Guides look like? How do Spirit Guides communicate? What is it like to receive communications from spirits or Spirit Guides? Chakras and spirit communication 10 Tips for working with spirits and Spirit Guides Communication with Spirit Guides through writing Spirit communication through dreaming Spirit Guide communication meditation 5 Common "blocks" that keep people from developing spirit communication Not only does "Keys to the Spirit World" teach you what roles Spirit Guides play in your own life, but it also teaches you how to communicate with them yourself. You will learn how to develop your own communication system with spirits and Spirit Guides, as well as develop an understanding of what they are trying to communicate with you right now! Spirit Guides are always trying to communicate with you; many times you just do not have a complete understanding of how this communication system works. There are many forms of spirit communication and it is important for you to find out what particular system works best for you. This will allow you to communicate with your Spirit Guides most effectively.

## Book Information

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## Customer Reviews

I was very pleasantly surprised by this book, which is the first time I have read anything by O'Neill. Her writing is very easy to understand and she puts on no airs with the information she conveys. Though this is a quick read (1073 locations according to my iPhone) there is no wasted space within. Every line is chock full of important information and whether you are an old hand at this or just getting your hands wet with communicating with your spirit guides, this short book will prove a happy addition to your library. In particular, I quite appreciated that the pages of this book were free of underlying propaganda meant (whether intentional or not) to influence readers towards certain beliefs or contrarily, defame against certain beliefs. Other than assuming that you are probably picking up this book because you believe there is someone/something out there - the creator, angels, loved ones or guides - watching over you, what your core beliefs are is a non-issue within the pages of this book. The author simply provides you with tools - specific meditations and complimentary activities that have been effective for her and her students, and then both descriptions of and advices for overcoming the most common "blocks" that prevent practitioners from achieving a desired outcome. Lastly, she proves she is a teacher to the very heart of her, and concludes her instruction by offering that readers not hesitate to contact her should they have questions or run into problems as they work on the material she has provided them. Highly recommended.

I got Jennifer's "Soul DNA" for free a few days ago. Wow! It was a right place, right time thing for me. Or, as I wrote to Jennifer, perhaps it was my spirit guides leading me to it. My life has been difficult in several ways for about a year. I knew I needed changes, but was seriously stuck and not doing anything to cause changes to happen. After reading these two books and doing some of the exercises, I did connect with my spirit guides. I've always known they were there. I've witnessed too many of their interventions not to know how close they are. I've even tried to communicate with them before, but I think I wasn't really serious and was just goofing around when I tried. This time, I really NEEDED them, and they were there. They still are. It's an amazing feeling, and it's essentially changed my life. I HIGHLY recommend both of these books. If you're already a believer, You'll love how easy Jennifer makes it for you. If you're a non-believer, or on the fence, give it a try. It can't hurt you, and what you might gain could be amazing. THANK YOU, Jennifer. You have a new number

one fan!!

I gave only 3 stars because a lot of the information was either too simplified or not something I believe. Such as, I believe spirit guides can be animal as well as humans; perhaps she does too but she doesn't mention it either way; the book is too simplified. I've read other works by Jennifer and she usually is a great author...but this isn't one of her strongest work. Perhaps for beginners it would be helpful.

Such a comfort, this new book of Jennifer O'Neil's gives hope to so many who know there is more to life than our physical world. She introduces her knowledge of the spiritual world, showing & teaching that we have a "spirit guide" whose job it is to watch over us. This brings so much hope & reaffirms the belief of memories from our childhood & beyond. As spiritual beings, we were provided tools that allowed us to communicate with the spirit world, she teaches. Because of life & conditioning, we have forgotten. She reacquaints us with these tools sharing with us that the spirit world is still accessible and provides us with exercises to allow this accessibility. Her writing style approaches any level of reader with simplicity & knowledge so easily understood by all. When we need guidance we need only to ask our spirit guides. Jennifer teaches us how to communicate, recognize & identify communication with our spirit guides. In a simple & easy to understand way, she shows us the communication skills we can learn thru consistent practice to allow communication with our guides. She explains different ways we can communicate and gives added tips to work with the spirit world. Her simple explanation of the Chakras is so easily understood with a picture showing the location of our chakras and associated colors. I highly recommend this book to anyone who has ever had those little tinglings behind them, as if someone is close by. Knowing it is a spirit distinctly assigned to us with our betterment foremost, is truly a comfort to the soul.

This book was very easy to follow with detailed explanations and practical suggestions to apply for those people who are sincere in searching for the next step in their spiritual journey. I have already implemented some of the suggestions with positive success and this book reinforces my intuitive processes with deeper clarity. I look forward to practicing more of the dream journal recommendations. I applaud the author's serious efforts to make such a complex task more achievable with experience, knowledge and confidence building exercises. Thank you for an enjoyable and practical resource guide that I will be referencing for other readers as well. Good luck on your continued writing career and spiritual development. Thank you.

This is written by someone who actually knows what they are talking about. When describing encounters with spirits ( both good and bad) she nailed exactly what I have repeatedly experienced, but did not know how to differentiate between. Highly recommend this book, it is also relevant for those attempting evp work. Not just for mediums. Same exact advice applies, and if you have ventured the evp path you will understand more of what is going on behind the scenes.

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